


**MAIN**

<b>AUBERGINE STEW</b> eggplant/olive medley/capers/zucchini/squash/pine nuts/artichokes/basil tomato sauce with shrimp <b>24</b> with chicken <b>21</b>	<b>17</b>
<b>JUMBO LUMP CRAB CAKE</b> blue and lump crab/asian greens/sriracha mash/ wonton crisps/roasted shallot remoulade	<b>28</b>
<b>AHI TUNA</b> sesame encrusted or shiner bock battered ahi tuna steak/asian greens/sriracha mash/sweet soy and thai chili glaze	<b>28</b>
<b>RUBY RED TROUT</b> trout/polenta cake/stuffed artichoke/sautéed spinach and tomatoes/lemon caper sauce	<b>27</b>
<b>FILET MIGNON</b> center cut filet/citrus broccolini/parmesan mash/ roasted mushrooms/black bean demi glaze	<b>39</b>
<b>HORSERADISH CRUSTED SALMON</b> salmon/horseradish panko crust/polenta cake/honey braised cabbage/dill cream sauce	<b>28</b>
<b>HOLLYHOCK PORK CHOP</b> french cut/apple chutney/garlic mash/honey braised cabbage/fried onion strings/black bean demi glaze	<b>28</b>
<b>MEDITERRANEAN PASTA</b> sautéed shrimp/marinara/olive mix/tomato/red pepper/spinach/mushroom/feta/toasted pine nuts/ lavosh crisps   with chicken <b>19.5</b>	<b>24</b>
<b>WOODLANDS CHIMICHURRI STEAK</b> certified angus skirt/white truffle parmesan potato wedges/sautéed spinach and tomato/woodlands chimichurri sauce	<b>26</b>
<b>CAMPANELLE PASTA WITH CHICKEN</b> grilled chicken breast/spinach basil pesto cream/ fresh spinach/cherry tomatoes/mushrooms/shaved parmesan/toasted pecans   with shrimp <b>24</b>	<b>20</b>
<b>MAHOGANY CHICKEN</b> chipotle marinated/slow-roasted half chicken/garlic mash/citrus broccolini and tomato/sweet maple glaze	<b>24</b>
<b>BACON WRAPPED CORDON BLEU</b> chicken breast/smoked ham/peppered bacon/swiss/ bacon citrus brussel sprouts/chef's maple glaze	<b>26</b>
<b>FISH-N-CHIPS</b> shiner bock battered atlantic cod/caper remoulade/ cocktail sauce/rosemary-lemon natural fries	<b>19</b>
<b>GRILLED SEABASS</b> seabass/pesto garlic mash/grilled zucchini/fresh tomato bruschetta/fried mozzarella croutons/balsamic glaze	<b>MP</b>
<b>SIMPLE CATCH</b> grilled or blackened/garlic mash/citrus broccolini/ lemon-lime wedges	<b>MP</b>
<b>FEATURE OF THE DAY</b> chef's latest creation	<b>MP</b>

<p>"Give me the luxuries of life, and I will willingly do without the necessities."</p> <p style="margin-top: 20px;">- Frank Lloyd Wright</p>	
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**TO GO MENU**

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OR CORPORATE EVENT!**

**FOREST**  
6073 Forest Ln. (E. of Preston)  
972.239.2024  
www.woodlands-grill.com

## START

**FRUIT AND CHEESE PLATE** 18  
chef's selection of imported cheese/fresh fruit/preserve spread/parmesan croutons

**WOODLANDS NOSH** 17  
smoked salmon and trout mousse/roasted red pepper hummus/parmesan croutons/grilled pita

**GRILLED CHICKEN FLATBREAD** 11.5  
olive oil/garlic/pesto béchamel mozzarella/parmesan/fresh basil/sundried tomato

**CALAMARI** 11  
cajun spiced/feta aioli/cocktail sauce

**DOUBLE CRÈME BRIE** 15  
double crème baby brie/japanese panko/almonds/parmesan croutons/honey/raspberry coulis/fresh berries

**HOT ARTICHOKE & SPINACH DIP** 9.5  
artichoke hearts/spinach/parmesan/cream cheese/garlic/japanese panko/herbed lavosh crisps

**AHI TUNA TOWER** 16  
soy ginger marinade (our soy sauce is gluten free)/mixed greens/tomato/avocado/sesame seeds/chives/chipotle aioli/herbed lavosh crisps

**BRISKET SLIDERS** 13.5  
three slow roasted brisket sliders/BBQ demi glaze/caramelized onions/caper remoulade

**AHI TUNA NACHOS** 17  
sesame encrusted seared ahi-tuna/wonton crisps/avocado-corn-tomato relish/molasses soy ginger glaze/seaweed/pickled ginger/red pepper honey

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## SOUP CUP/7 BOWL/8

**CREAMY MUSHROOM**  
braised mushrooms/goat cheese croustini

**SOUP OF THE DAY**  
chef's selection of the day

## CRISP

**GRILLED CHICKEN SALAD** 16.5  
marinated chicken breast/romaine/spring mix/baby spinach/marinated artichokes/roasted red peppers/cherry tomato/parmesan cheese/parmesan crostini/dijon vinaigrette

**THE WEDGE** 11  
iceberg lettuce/bleu cheese/tomato/green onion/bacon croutons/pickled ginger/bleu cheese-ginger cream  
with steak 19 with shrimp 19.5 with chicken 16.5

**CHOPPED GREENS** 9.5  
chopped mixed greens/carrot/tomato/mixed olives/avocado/red onion/red pepper/feta cheese/balsamic vinaigrette  
with shrimp 19.5 with chicken 16.5

**CEDAR PLANK SALMON SALAD** 19  
macadamia nut-citrus crusted salmon/fried capers/pine nuts/roasted red bell peppers/parmesan/sherry vinaigrette

**GRANT & PACIFIC AHI TUNA SALAD** 19  
sesame encrusted ahi-tuna/mixed greens/chilled noodles/cherry tomato/avocado/roasted red peppers/onions/wonton crisps/sesame-thai chili vinaigrette

**WESTCOTT STEAK SALAD** 19  
flat iron steak/baby spinach/mixed greens/pears/julienne apples/dried cranberries/bleu cheese/orange balsamic glaze/sherry vinaigrette

**MAPLE SMOKED TROUT SALAD** 19  
smoked trout/mixed greens/asparagus/avocado/dried cranberries/candied pecans/orange/grapefruit/orange balsamic glaze/feta-oregano vinaigrette

**CHICKEN MILANESE SALAD** 18  
baby greens/seasoned panko chicken breast/fresh seasoned mozzarella/parmesan cheese/tomato/cucumber/artichoke hearts/feta-oregano vinaigrette

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## SIDE

**CHILLED CONFETTI ORZO** 6.5  
spinach/tomato/onion/feta/sherry vinaigrette

**BACON CITRUS BRUSSEL SPROUTS** 8.5  
olive oil/garlic/white wine

**LOADED BAKED POTATO** 9  
butter/sour cream/cheddar/chives/bacon croutons

**SAUTÉED SPINACH & ONION** 7  
olive oil/garlic/shallots

**ROASTED VEGETABLE MEDLEY** 8  
olive oil/rosemary/oregano/white wine

**SWEET POTATO FRIES** 7  
lemon aioli

## SANDWICH

**PORTABELLA STACK** 14  
grilled portabella/zucchini/yellow squash/sprouts/roasted red peppers/lettuce/tomato/mozzarella/serrano aioli/balsamic glaze/pumpnickel bun/fresh fruit cup

**CO.B.A.L.T.** 13  
grilled chicken/onion/bacon aioli/avocado/lettuce/tomato/focaccia/sweet potato fries

**PRIME RIB FRENCH DIP** 16.5  
prime rib/toasted french roll/mozzarella/caramelized onions/au jus/creamy horseradish/rosemary-lemon natural fries

**WOODLANDS BURGER** 13  
seasoned ground beef/cheddar cheese/toasted brioche bun/lettuce/tomato/red onion/sweet horseradish pickles/sweet potato fries

**FISH TACOS** 14  
flash fried cod/soft chipotle tortillas/cilantro pesto/chipotle aioli/jalapeno-lime slaw/avocado/confetti orzo

**RACHAEL OR REUBEN** 14  
smoked turkey breast or corned beef/sauerkraut/swiss/horseradish pickle relish/russian dressing/toasted marble rye/red and white quinoa salad

**PRESTON BURGER** 15.5  
seasoned ground beef/smoked baby gouda/toasted brioche bun/black pepper bacon/tomato/caramelized onions/lettuce/avocado/grilled serrano aioli/stone ground BBQ sauce/rosemary-lemon natural fries

**FRESH FISH SANDWICH** 16  
today's fresh catch/blackened/toasted brioche bun/chipotle aioli/lettuce/tomato/red onion/avocado/jalapeno-lime slaw/rosemary-lemon natural fries

**CAPRESE CHICKEN SANDWICH** 14  
grilled chicken breast/mozzarella/fresh basil/pesto aioli/lettuce/tomato/focaccia/balsamic glaze/sweet potato fries

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**WHITE TRUFFLE MAC N' CHEESE** 8.5  
campanelle pasta/béchamel/parmesan/cheddar/japanese panko

**SAUTÉED CITRUS BROCCOLINI & TOMATO** 8.5  
olive oil/garlic/shallots/white wine

**FRIED STUFFED ARTICHOKE** 8.5  
artichoke hearts/japanese panko/goat cheese mousse/lemon caper sauce

**GRILLED ASPARAGUS** 8.5  
olive oil/garlic/shallots

**RED & WHITE QUINOA SALAD** 8  
cranberries/sweet potatoes/parsley/honey/citrus dressing/balsamic glaze